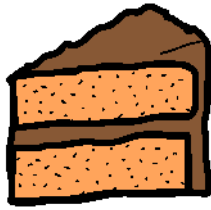


fruit



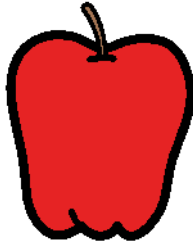
cake



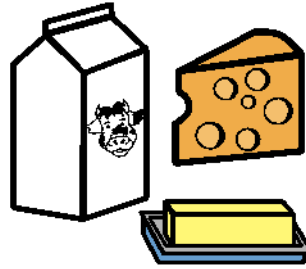
vegetables



apple



dairy



grains



# What should I eat?

what



should

sh~

I

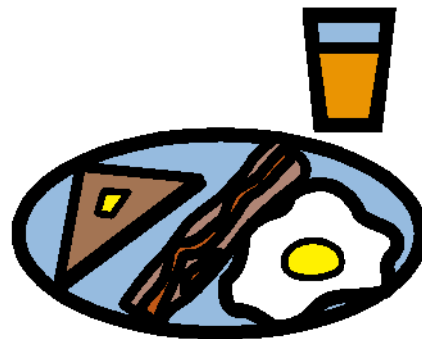


eat

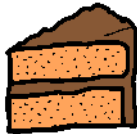


for

breakfast



cake



apple juice



yogurt



or

pancakes



pop



ice cream



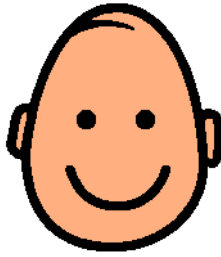
or

or

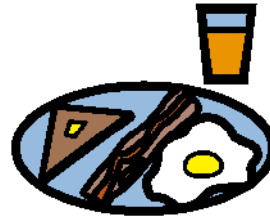
A

A

good



breakfast



would

would

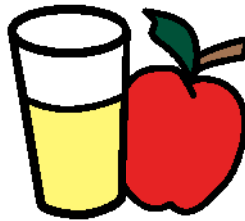
be



pancakes



apple juice



yogurt



what



should

sh~

I

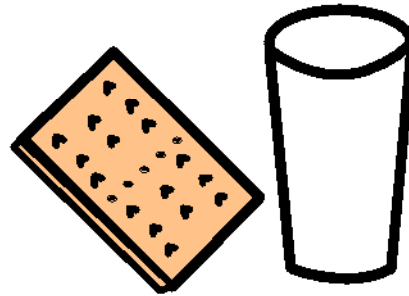


eat



for

snack



chips



or

apple



goldfish



or

French fries



water



or

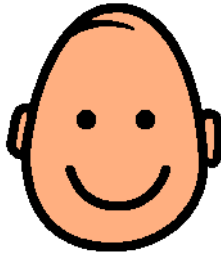
pop



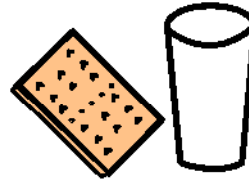
A

A

good



snack



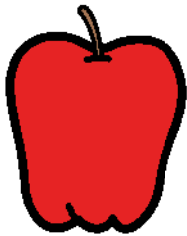
would

w

be



apple



goldfish



water



what



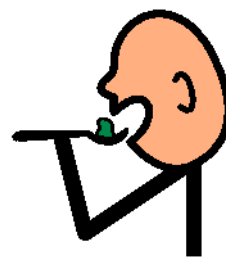
should

sh

I

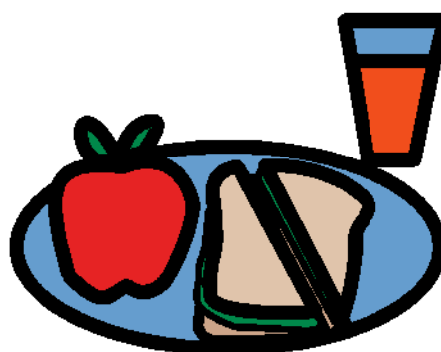


eat

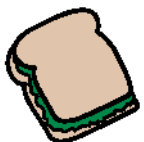


for

lunch



sandwich



or

soup



chips



or

pretzel



juice box



or

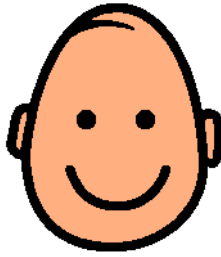
pop



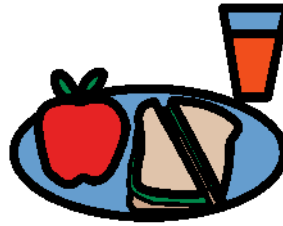
A

A

good



lunch



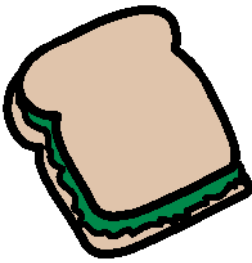
would

would

be



sandwich



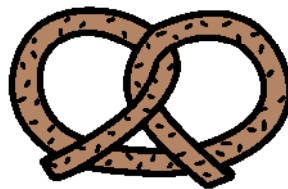
chips



soup



pretzel



juice box



what



should

sh

I

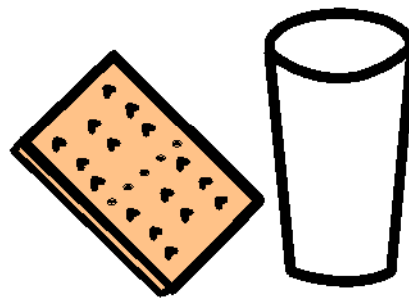


eat



for

afterschool snack



peanut butter



or

cookies



cake



or

orange



water



or

orange juice

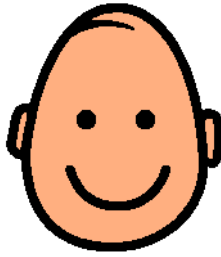




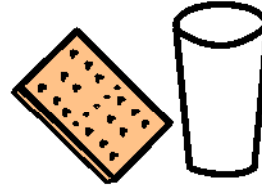
A

A

good



afterschool snack



would

w

be



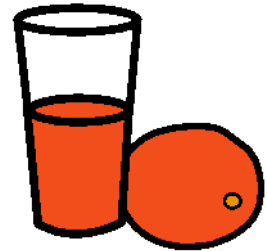
peanut butter



orange



orange juice



water



what



should

sh~

I



eat



for

dinner



steak



chicken breast



or

mashed potatoes

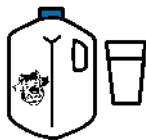


rice



or

milk



juice box

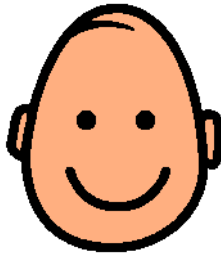
or



A

A

good



dinner



would

would

be



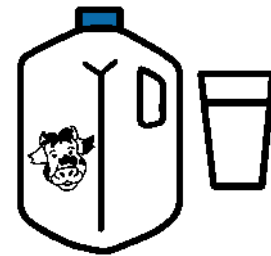
steak



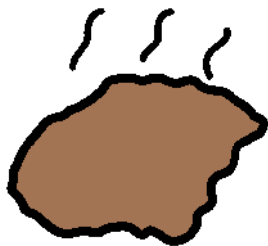
mashed potatoes



milk



chicken breast



rice



juice box



what



should

sh ~

I

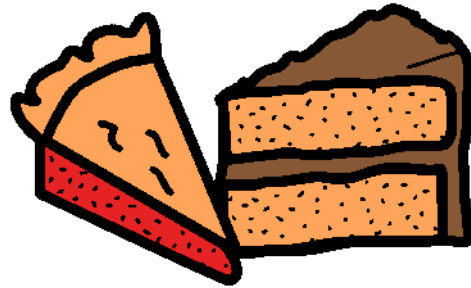


eat



for

dessert



fruit



or

cake



ice cream



or

ice cream sandwich



pudding



or

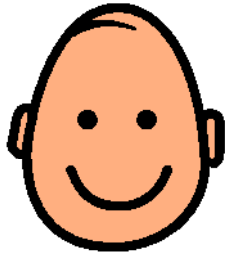
jello



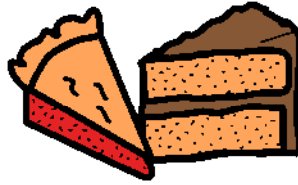
A

A

good



dessert



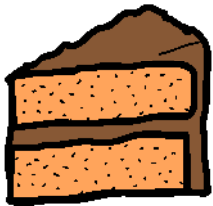
would

w

be



cake



ice cream



pudding



fruit



ice cream sandwich



jello

